



## What Is Biological Dentistry?

Biological dentistry is concerned with the whole body effects of all dental materials, techniques and procedures.

It is fluoride-free, mercury-free and mercury-safe. It insists that all clinical practice be designed of components that sustain life or improve the client's quality of life.

Clinical awareness and science show us that what happens in the mouth is reflected in the body, and what happens in the body is reflected in the mouth. The complex, dynamic relationships of oral and systemic health within the context of the whole person are inseparable.

Biological dentistry unites the best clinical practices and technologies of Western dental medicine with a wide array of practices beyond its horizon.

While it may be impossible to construct an authoritative list of protocols followed by the "typical" biological office, all share a common paradigm: treating causes of symptoms rather than symptoms toward the goal of restoring and sustaining health.

We also share a deep and constant belief in the Hippocratic dictate First, do no harm.

Biological dentistry is conservative dentistry. The aim is to be minimally invasive yet appropriately active.