



Tooth sensitivity refers to a painful or uncomfortable tingling that one feels upon consuming hot or cold foods like ice cream or coffee, breathing cold air, eating sour or sugary foods, touching the teeth, etc.

If during your dental hygiene assessment, you are found to have dentin hypersensitivity, the dental hygienist can apply a protective coating or a desensitizing agent over the sensitive areas. If the sensitivity is related to a pulp sensitivity or clenching & grinding or another dental related issue—you will be referred to a dentist for further evaluation.

Dental desensitizing agents are used both in office and at home for various desensitizing needs. Dental hygiene in-office desensitizing agents are used to desensitize exposed root surfaces after cleaning procedures, as well as before and after tooth bleaching.

The agents may be delivered via prefilled syringe, single-use droppers or bottle droppers. Home desensitizing agents also are available to aid patients with dental hypersensitivity.

When choosing a dental desensitizing agent, the dental hygienist will research which product will perform best for each patient, both at home and at the office